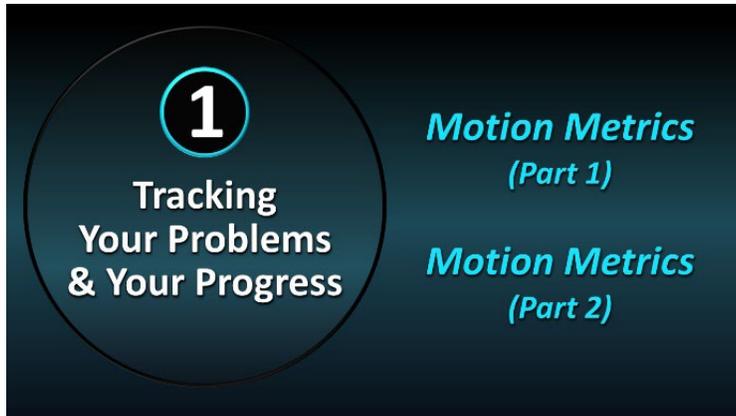


Motion Metrics (Parts 1 and 2): Tracking Your Problems & Your Progress



Three of the many companies which Dr. Galsworth has trained, coached, and supported as they underwent a visual conversion are Harris Corp. in Quincy, Illinois, Denison Hydraulics in Marysville, Ohio, and Seton Name Plate in Branford, Connecticut.

Watch and listen as employees from these three companies share their comments, stories, and insights about the behind-the-scenes tool called *Motion Metrics* and how it was used in their company.

BRIEF COMMENTS BY GWENDOLYN GALSWORTH

The range and extent of information deficits in the workplace are nearly impossible to gauge. We know that they are chronic and widespread—but how do we find them? The answer is to track what they trigger: *motion*.

In workplace visibility, information deficits are Corporate Enemy #1—and motion is their footprint. Motion means: *moving without working*. It can take a thousand forms. The easiest way to spot motion is to notice when you are wandering about or wondering, searching, asking or answering questions—or any combination of these. Doing anything again is another quick way to recognize when you are in motion.

A *motion metric* (another word for *measure*) is a mechanism or yardstick that a person uses to track or measure his/her motion. Each person tracks his/her own motion—and no one else's—typically using one or more of the following tools: stop watch, pedometer, and/or frequency check sheet. When individuals track their own motion, they each get rock-solid data that bear witness to the struggle in a pre-visual workplace.

FOR MORE ON THE USE AND USEFULNESS OF THIS IMPORTANT BEHIND-THE-SCENES TOOL:

- Read Dr. Galsworth's Shingo award-winning books, *Visual Workplace/Visual Thinking* and *Work That Makes Sense*, available from our website
- Search "Motion" and "Motion Metrics" in the Articles and Radio pages on our website.
- Visit our website and learn about our visual workplace products and services, including seminars and training that we deliver online and onsite.
- Find on our Articles Page over 100 one-page articles by Dr. Galsworth.
- Find on our Radio Page over 60 of more than 200 podcasts that Dr. Galsworth has made.
- Call us at: +1-503-233-1784
- Email us at: contact@visualworkplace.com
- Visit our website at: www.visualworkplace.com

Let the workplace speak.